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AUTHOR/S (TNR10)

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ABSTRACT (TNR10)

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Use Times New Roman 12 only throughout unless stated otherwise. Do not indent the first line of paragraph following a heading or sub heading. Use single spacing for main document. Note that there is only one space between sentences. Use single spacing for main document. Note that there is only one space between sentences.

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**Including tables and figures in manuscript**

[Use Times New Roman font size 7 for **-** TABLE 1, FIGURE 1. Use Times New Roman font size 9 for labels **-** Simple example of a table]

TABLE 1. Simple example of a table

|  |  |  |
| --- | --- | --- |
| Heading | Heading | Heading |
|  |  |  |
|  |  |  |

FIGURE 1. This is an example of a figure

ACKNOWLEDGEMENTS (TNR10)

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REFERENCES (TNR10)

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